Nutrition Report

Write a 5 paragraph report about a nutrition concept explored in class. Have an introduction paragraph, 3 body paragraphs, and a conclusion paragraph. Use your “Nutrition” Notes as a resource. You may also use (but are not required to use) Nutrition.gov. If I can adapt the site to work for you, I will include that link in your schedule.

Topics may include but are not limited to:

Proper diet (“My Plate” campaign)

Diseases due to improper diet

Main nutrients and their benefits

**Evaluation Rubric for Video Project**

Documentation: Point range 0-10 All sources are properly cited. (Citing sources is difficult Mr. Christian will help you with this part.)

Subject Knowledge: Point range 0-10 Your paper shows that you understand the content. The information is correct, clearly stated, and appropriate.

Mechanics: Point Range: 0-10 Your report has correct grammar and spelling.

Correct your own grammar and spelling using spell check and by reading over your own work. Mr. Christian can go over the citation with you, double-check your grammar and spelling, and help you come up with an outline for your research paper.

If you need help, ASK!